Friends and Family CPR/AED Awareness Courses

<u>Provided by the Frisco Fire Department</u>

Classes are offered <u>every other month</u> starting February 2015 on the third Wednesday of the month.

Classes will be in February, April, June, August, October, December 2015.

Course Description & Guidelines

- Classes offered for those who live or work in Frisco.
- Classes are free of charge.
- ❖ All classes are scheduled on a first come-first served basis.
- ❖ All classes will be held at Fire Station 6, 3535 Eldorado Parkway in Frisco. (Between Teel and Legacy, next to Griffin Middle School)
- ❖ Class time is 6:30 9:00 PM
- This class is not a certification class. No cards are issued.

 This class is not intended for those who need ALS/BLS Certification. It is designed for our Frisco citizens who want to gain the knowledge and skills necessary to respond in an emergency and do not have a requirement to be 'certified'.
- Persons seeking a certification course should try either www.Heart.org or www.RedCross.org to find one in your area.
- ❖ The course covers hands-only adult CPR, child and infant CPR (compressions plus breathing), choking and AED use.
- Class size is limited to 20 attendees.
- Non-residents of Frisco seeking a CPR course can check the above-mentioned websites or your local fire department.
- Class is open to those who are 10 years old and older. All attendees under 18 must have a parent accompany them to the class.